



Physical and Occupational Therapy Referral

COASTAL REHAB, INC.

BERNIE BLYSTONE, P.T.

www.coastalrehabnc.com

Name: _____ Date: _____

DX: _____

Precaution(s): _____

Service: Physical Therapy Occupational Therapy PT/OT Co-Treat

Location: Outpatient Clinic In-Home Therapy Services

RX:

- Evaluate and Treat per Therapist's Discretion
- Other:
- Manual Therapy
- Therapeutic Exercise
- Cervical/Lumbar Traction
- Ultrasound
- Electrical Stimulation
- Vasopneumatic Pump
- Infrared Therapy (Anodyne)
- Iontophoresis w/ 4 mg dexamethasone
- Phonophoresis w/ 10% cortisone

Specialty Programs

- Neurological Rehab
- Spine Rehab
- Pain Management
- EMG/NCV Studies
- Hand Rehab
- Lymphedema Treatment
- Osteoporosis Rehab
- Arthritis Rehab
- Vestibular Rehab
- Neuropathy Rehab
- Work Conditioning

Home Equipment

- Tens Unit Trial
- Cervical Traction
- Lumbo-Sacral Support/Corset
- Other _____

PHYSICIAN SIGNATURE: _____ M.D. D.O.

PHYSICIAN'S NAME (TYPE OR PRINT) _____

Ahoskie Office

115 Loffin Lane
Ahoskie, NC 27910
(252) 209-0901 ~ FAX (252) 209-0823

Manteo Office

503 Cypress Lane, Ste A • P.O. Box 243
Manteo, NC 27954
(252) 473-9633 ~ FAX (252) 473-1365

Elizabeth City Office

101 Medical Drive
Elizabeth City, NC 27909
(252) 338-2114 ~ FAX (252) 338-2115

Edenton Office

701 Luke Street, Suite B
Edenton, NC 27932
(252) 482-7939 ~ FAX (252) 482-8435

Kitty Hawk Office

The Market Place ~ 5567 N. Croatan Highway
Kitty Hawk, NC 27949
(252) 261-1556 ~ FAX (252) 261-6161

Moyock, NC 27958
(252) 435-6046 ~ FAX (252) 435-6210

